



Volunteers of America®

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Published by Volunteers of America in southwest Louisiana (337) 497-0034.*

Volunteers of America Services

Adoptions

(337) 274-3447 (24-Hour phone line)

- Opportunities for families to adopt newborn infants.

Adult Housing

(337) 497-0034

- Provides individual supports and services for adults with mental illness within their own homes throughout southwest Louisiana or in agency leased apartments in Lake Charles to assist with and teach basic skills and move them into independent living.

Attendant Care Services

(337) 497-0034

- Consists of in-home services which enable those with disabilities to remain in the community and achieve a better quality of life.

Comprehensive Mental Health Community Support Services

(337) 497-0034 (Main Office – 340 Kirby Street, Lake Charles)

- Provides day programs, case management and crisis housing for adults who are experiencing mild to moderate deterioration in daily living skills and social functioning due to a mental illness. Also provides individual services in the community.
- CMHCSS for children provides Interagency Service Coordination to assist families in staying together.

Crisis Supported Housing

(337) 497-0034

- Temporary housing within an apartment complex that provides supportive services to homeless adults who have a mental illness affected by Hurricanes Katrina or Rita.

Housing (HUD subsidized apartments)

- Bayou Villa in Welsh, a subsidized housing complex for low-income elderly people, age 62 and over who are still capable of independent living.
- Elton Place in Elton, a subsidized housing complex for low-income elderly people, age 62 and over who are still capable of independent living.
- Lake Villa Apartments in Lake Charles, a subsidized apartment complex for low-income adults with a mental illness capable of independent living.

- Oberlin Manor Apartments in Oberlin, a subsidized apartment complex for low-income adults with a mental illness capable of independent living.

Journey's Rest

(337) 497-0034

- 24-hour observation and support that assists adults in crisis until stabilized and linked with other supports.

Parenting Education Classes & Family Support Groups

(337) 497-0034

- Common Sense Parenting Curriculum with free classes to families with a child or adult receiving services through OMH or some private agencies. Sliding scale fee for others.
- Heart to Heart Parenting Support Group meets on 4th Thursday of the month from 5:30 to 7 pm.
- Grandparents Raising Grandchildren Support Group meets the 2nd Friday of the month from 10 to 11 am.
- Childcare available and refreshments provided. Call to RSVP.

Permanent Supportive Housing

(337) 497-0034

- Housing with case management assistance for a household in need of housing who has a member with a disability, earns less than 30% AMI and is in need of supportive services.

Pregnancy Counseling – Volunteers of America

(337) 274-3447 (24 hour phone line)

Food & Clothing Services

Abraham's Tent

(337) 439-9330 (2300 Fruge St., Lake Charles)

- Lunches served 11:30 to 12:30 seven days a week.
- Food boxes Monday, Tuesday and Wednesday at 1:00. Bring ID w/ SSN & proof of income.

Angel Food Ministries

www.angelfoodministries.com

- \$30 food distributions monthly at various locations around southwest Louisiana.
- Website lists distribution sites, phone numbers to sign up and monthly menus of food available.

Basket of Blessings Food Pantry at Church of the King

(337) 477-8890 (2145 Oak Park Blvd., Lake Charles)

- Distributions on Tues. from 8 to 9 a.m.
- Bring ID and proof of income
- Qualified applicants can come 2 times per month

Beauregard Community Action Association, Inc.

(337) 463-7263 & (337) 463-7895

(104 West Port St., DeRidder – near Council on Aging & Beauregard Mental Health)

- Food for seniors, emergency food and shelter, Low Income Home Energy Assistance (LIHEAP), and utility bill deferment info. Must call for eligibility requirements and availability.

City of Refuge

(337) 589-4407 (5899 Hwy 3112, Vinton)

- They occasionally receive furniture donations that they can share with those in need. Call to see if they have any available.
- No food donations since hurricanes. They have men's clothing (no shoes) and blankets.

Christian World

(337) 475-0157 (2001 East Gautier Rd. , Lake Charles)

- Food pantry on Thurs. from 9:30 to 10:30 in fellowship hall. Must have photo ID, proof of hardship or income and social security card on everyone in household.
- Seniors 60 and over commodity program on 3rd Friday of the month.
- Others receive a punch card good for 4 visits. All visits must be made in the quarter received. Only 1 card can be received in a year.

Faithshare Outreach

(337) 905-1333 (1827 Hwy 384, Lake Charles)

- Offer food, clothing and other assistance, but **not** rent or utility assistance.
- Must have a voucher from a non-profit organization.
- New Hours: 8 – 12noon, Mon., Wed., & Fri., and 1st Saturday of month

First Baptist Church of Westlake

(337) 439-5758 (501 Sulphur Ave., Westlake)

- Open 12 – 2 on Mon. & Thurs. with food & 10 to 12 on the 3rd Sat. of the month with food and clothes.
- Bring photo ID and proof of address. For residents of Westlake or Mossville/Westlake area.

Food Stamps

1-888-524-3578 (1-888-LAHELPU) & www.dss.state.la.us

- Office of Family Support- Child Care Assistance Program for children under 13 and for disabled children under 18 yrs.

Glad Tidings Food Pantry (will do emergency if needed)

(337) 474-6080 (3501 Texas St., Lake Charles)

- Mon. – Thurs. 9 to 11:30 am. Bring photo ID and proof of income.
- Can use once every 3 months.
- Can now come every 30 days. Need SS# for everyone in household.
- Only serving those in area codes 70605 & 70601.

Good Hope Missionary Baptist Church

(337) 433-6791 (821 Sampson St., Westlake)

- Open the 3rd Saturday of the month from 7 to 8 am or for emergencies as needed.

Greater St. Mary Missionary Baptist Church/ F.H. Dunn Resurrection Center

(337) 494-7945 (1401 Moeling, Lake Charles)

- Offering food and clothing on Tues., Wed., Thurs. 10 to 2.
- Must have proof of income and valid I.D.

Jeff Davis Council on Aging

(337) 824-5504 (210 State St., P.O. Box 734, Jennings)

- USDA commodities, food for seniors, elderly transit, senior tax assistance, drivers' safety, emergency food and shelter, meals on wheels and congregate meal site, homemaker, respite care, project care – emergency food and shelter, wellness program, recreation, senior Rx program, Acadian on-call, legal assistance, material aid, transportation – elderly, public & Medicaid, Alzheimer support group.

LaHeap

(337) 437-3560 (2001 Moeling St., Lake Charles)

- Food box can be available monthly if not on WIC – must register

Manna Ministries – St. Luke Simpson Methodist Church

Dial 2-1-1

- Every Wednesday 9:00-11:00 for food assistance. (Can use once a quarter.)
- Financial and utility assistance (electricity, gas & water – no phone) only after registering.
- **Must register through 211 first.**

Multi-Purpose Center or Calcasieu Parish Police Jury Office of Community Services

(337) 437-3560 or 1-800-542-7074

- Food for seniors, mothers and children- call to register.

Oak Park Food Pantry

(337) 478-3034 (2525 2nd Avenue, Lake Charles)

- 8 to 9am Tuesday & Thursday
- For residents south of Broad Street, north of McNeese St., east of Lake St., west of Hwy 14.
- Need current utility bill and SS# for each child under age of 18.

Salvation Army Center of Hope

(337) 433-4155 (3020 Legion St., Lake Charles)

- Mondays from 9 to 2:30. Can use once every 6 months.
- Photo ID required & Social Security number.
- Must have a referral from the food stamp office for a food box.

Second Harvest Food Bank of Greater New Orleans & Acadiana

(337) 237-7711 (Lafayette) and (504) 734-1322 (New Orleans)

- Food distribution to established food pantries and feeding sites & emergency/disaster supply.
- Call for the nearest distribution site.

Seventh Day Adventist Church

(337) 478-8353 (1537 Country Club Road, Lake Charles)

- Food & clothing distributions at the rear of the building on Tues. & Wed. from 8:30 to 12.

Shepherd's Inn Outreach of United Christian Fellowship Church

(337) 433-1517 (2802 Opelousas Street, Lake Charles – In the yellow house)

- Food and clothing on Tues. & Thurs. 9 to Noon. Also Christian counseling and free Bibles.
- Bring photo I.D. and can use once every 60 days.

St. Memorial Church of God in Christ

(337) 439-8680 (1717 Moeling St., Lake Charles)

- Food Pantry opens twice a month on Saturdays from 9 to 11. Call to verify the week before.
- Bring proof of income and ID

Case Management & Multi-Assistance Agencies**Advocacy Center**

1-800-960-7705

- Assist with issues related to accessibility of services and programs, disability and medical benefits, special education, vocational rehabilitation, housing rights, accommodations for persons with disabilities, protection from abuse and neglect and protection from institutional resident's rights.

Allen Action Agency

(337) 639-4348 (505 W. 7th Ave., Oberlin)

- Headstart, energy assistance, toys for tots and weatherization.
- United Way agency assisting with emergency crisis program

BeauCARE

(337) 462-2273 Fax: (337) 462-2268 (DeRidder)

- Multi-assistance agency providing family life, recreational, educational, and advocacy programs for residents of all ages in Beauregard Parish and Southwest Louisiana.

Cameron Community Action/Cameron Council on Aging (Case Mgt. for Cameron Residents)

(337) 905-6000 Fax: (337) 905-6500 (951 Hwy 384, Grand Lake, LA 70607)

- Serving Cameron Parish. Working with UMCOR and using case management to determine needs.

Care Help of Sulphur

(337) 528-2273 (200 N. Huntington, Sulphur)

- Utilities, food, emergency medications, clothes for Sulphur residents.
- Transportation Program
- Free Computer and job skills classes.

Caring Hands

(337) 616-3081 (327 N. Main St. in Jennings)

- Qualified Jennings, Lake Arthur, Elton, Hathaway, Welsh & Evangeline residents only.
- Open Tues. – Fri. 1-4 & applications taken 1 – 3 p.m..
- Assists with disaster needs, utilities, some medications, food, clothing and household items.
- Bring photo ID, Proof of income, all owed bills, last 2 bank stmts., and food stamp verification if applicable.

Catholic Charities Diocese of Lake Charles (Director: Trish Trejo)

(337) 337-439-7436 (612 Louisiana Avenue in Lake Charles)

- Assists with rent, mortgage payments to prevent eviction, utilities, food, medical prescriptions.
Appointment only by calling on the first day of the work week.

First Christian Church Mission Station

(337) 478-3034

- Help with hurricane damage.

Greater St. Mary Missionary Baptist Church/ F.H. Dunn Resurrection Center

(337) 494-7945 (1401 Moeling, Lake Charles)

- Offering food and clothing on Tues., Wed., Thurs. 10 to 2.
- Call for social services, mental health and pastoral care. Donations needed.

H.O.P.E. Center -Helping Our People to Excel

(337) 725-6536 (Hwy. 190 in Ragley)

- Serves Beauregard, Jeff Davis and Calcasieu parishes on Tues. from 9 to 12. Food is distributed on the 4th Wednesday and Thursday.
- Serve Allen parish at Reeves Baptist Church on 2nd Wednesdays from 9 to 12 and distribute food on the 4th Friday from 9 to 12.
- Also have clothing, school uniforms, shoes, senior citizen food.

La Familia Resource Center

(337) 312-2906 (1600 Siebarth Drive, Lake Charles)

- Open Mon. – Thurs. from 9 to 5 and Friday from 9 to noon.
- They are a bilingual multiservice org that provides counseling (through Family Life), English classes, Spanish classes, translation, immigration assistance with a law-certified immigration law specialist, school system child advocacy and tutoring, referrals, resources, and cultural diversity workshops.

LaHeap

(337) 437-3560

- Commodities for mothers of children from 13 months to 5 years or elderly
- Assist with electric or gas bills twice a year based on income. No funds now, but have a waiting list that is done on a first come first served basis.
- Commodity food box can be available monthly if not on WIC – must register

Jeff Davis Parish Assistance Agency

(337) 824-7800

- Food, medicine, utility, housing, legal services and many more. 8:00 to 4:30 Mon. - Thurs.

Manna Ministries of St. Luke Simpson United Methodist Church

2-1-1

- Every Wednesday from 9 am to 11 am, they will help with utilities-gas, electricity or water bills. Bring picture ID, current bill and social security number. Can get assistance once a year. **Must** call 2-1-1 to apply.

SWLA Conference of the United Methodist Church Disaster Response, Inc.

(Case Management project of United Methodist Committee On Relief/UMCOR)

(337) 436-6122 (2606 Common Street, Lake Charles) Monday – Friday 8 to 4.

- Making repairs to people's homes and lives
- Repairing storm damaged homes

Vineyard Church

(337) 598-4343 (9541 Gulf Highway, Lake Charles)

Homeless Shelters

A.C. Dowden Memorial Shelter

(337) 238-5328 (128 VFW Road, Leesville)

- Men, women and children accepted.

Calcasieu Women's Shelter or Women and Children Victims of Domestic Violence

(337) 436-4552 or 1-800-223-8066 or 1-888-411-1333

- For Women and children who are victims of domestic violence

City of Refuge (Veteran's Homeless Shelter)

(337) 589-4407 & Fax: (337) 589-3063 (5899 Hwy 3112, Vinton)

- For single men

ETC- Apartments Available for Homeless Youth Ages 16-21 (only those already in system)

(337) 477-2434 Fax: (337) 477-2559

Amy Dunn (337) 433-1061 - Education & Treatment Council

- Call to apply. Provides transitional housing.
- Available for youth in custody of Office of Community Services or Office of Juvenile Justice.

Freedom Mission – Faith Based Substance Abuse Program & Shelter

(318) 697-2028 (1402 Hwy 5, Logansport, LA)

- No Charge; applicant must call Brother Wayne Jones for interview.
- 6 month commitment, but can stay longer if doing well.
- Males and females accepted & dependent children may be allowed.

Harbour House

(337) 433-6739 or 433-1062 & Fax: (337) 439-1094

- Unaccompanied youth 3-17 years of age. An emergency shelter and takes referrals from agencies.

Jeff Davis Council on Aging

(337) 824-5504 (2105 State St., Jennings)

- Offering emergency food and shelter if needed in Jeff Davis Parish only. Project Care

Jeff Davis C.A.D.A.

(337) 616-8418 & Fax: (337) 616-8421

- Shelter for abused women and their children (not homeless).

June N. Jenkins Women's Shelter/Beauregard Community Concerns

(337) 462-1452 & Fax: (337) 463-5495

- Shelter for abused women and their children (not homeless) and resources to assist victims of domestic violence even if they are not in the shelter.

Lord's Place

(337) 494-6277 & Fax: (337) 497-9459 (126 Kirkman, Lake Charles)

- For single men ages 18 and over.

Matthew 25:40 (Nepenthe House)

(337) 430-0888 (1414 Martha St., Lake Charles)

- Men with aids or recovering from alcohol/drug abuse. Referrals by agencies only.

Potter's House

(337) 477-1116 & Fax: (337) 477-1102 (3233 Kirkman, Lake Charles)

- For women and women with children

Salvation Army Center of Hope

(337) 433-4155 (3020 Legion St., Lake Charles)

- For men only.
- Check-in time is from 4:30 p.m. to 5:30 p.m.

Welcome House

(337) 783-7066 (24292 Crowley Eunice Hwy., Crowley, Louisiana)

- For men and women, single or married, but cannot sleep together.
- Call first. They can accept people from outside their region.

Housing Assistance**CARC – Housing**

(337) 433-3620

- HUD housing for people with developmental disabilities – Currently has a waiting list.

Habitat for Humanity

(337) 497-0129 (3551 Avenue C, Lake Charles)

- Only build houses from ground up, no home repairs.

Louisiana Housing Search Service

www.lahousingsearch.org

Low Income Home Energy Assistance Program

(337) 437-3560

- To assist residents in Calcasieu Parish to meet the financial needs of their fuel costs. Multi-Purpose Building- **Appointment only.**
- Income guidelines apply.

Permanent Supportive Housing Program

(337) 497-0034 (A program run by Volunteers of America.)

- Housing with case management assistance for a household in need of housing who has a member with a disability, earns less than 30% AMI and is in need of supportive services. **Ask for PSH program.**

Project Build a Future (Sacred Heart)

(337) 439-2646 – Call only on Mon., Wed. or Fri.

- A non-profit corporation committed to building and selling quality, affordable housing.
- Call to obtain an application.

The Road Home

1-888-762-3252 & www.Road2La.org

- Registered applicants may receive housing assistance or buyouts.

Self-Help Housing

(337) 433-1476 (715 Ryan St., Suite 105, Lake Charles)

- Local USDA program for low income families outside the Lake Charles city limits or rural areas. Money for land and construction. **Has a waiting list; not for immediate assistance.**

SWLA Homeless Coalition

(337) 433-6282

USDA Office-FHA-Rural Development Housing Programs

Calcasieu/Cameron/Beauregard Ross Maxwell 337-262-6602 ext. 120

Jeff Davis/Allen Parish call Vicki Simon 337-262-6602 ext. 115; Lake Charles (337) 436-5020

- Build, buy or repair program for low income property owners

Volunteers of America Mental Health Housing Services

(337) 497-0034

- Housing available for mentally ill persons who qualify.

Volunteers of America Crisis Domiciliary Program

(337) 497-0034

- For severely mentally ill adults. Referrals must come through the Office of Mental Health.

Volunteers of America Elderly Housing in Welch and Elton

(337) 497-0034

- For 62 years old and up who have a low income.
- Currently have several openings in both locations.

Housing Authorities**Calcasieu Parish Housing Authority**

(337) 721-3577 & Fax: (337) 721-3582

- Waiting list on section 8

DeRidder Housing Authority

(337) 463-7288 & Fax: (337) 463-3671

Dequincy Housing Authority

(337) 786-2381 & Fax: (337) 786-3204

Housing Authority of Iowa

(337) 582-6730 & Fax: (337) 582-3280

Jennings Housing Authority

(337) 824-5642 & Fax: (337) 824-5649

Kinder Housing Authority

(337) 738-2077 & Fax: (337) 728-2079

Lake Arthur Housing Authority

(337) 774-3692 & Fax: (337) 774-2997

Lake Charles Housing Authority

(337) 436-7628 & Fax: (337) 436-9798

Merryville Housing Authority

(337) 825-8770 & Fax: (337) 825-8778

Oakdale Housing Authority

(318) 335-0712 & Fax: (318) 335-9326

Oberlin Housing Authority

(337) 639-2625

Sulphur Housing Authority

(337) 527-5248 Fax: (337) 527-0681

Vinton Housing Authority

(337) 589-5331 Fax: (337) 589-3677

Welsh Housing Authority

(337) 734-2647 Fax: (337) 734-4857

Housing Repairs

Rebuilding Together

(337) 433-1755 Fax: (337) 433-1766

- Help to make repairs to houses for low-income families, the elderly, and the disabled.
- Same income requirement as for Section 8 housing. Calcasieu Parish only.

Education

American Red Cross

(337) 478-5122

- Hurricane preparedness, CPR, first aid, aquatics and water safety and babysitting training.

Calcasieu Parish Adult Education - Sulphur

(337) 528-2374 - Call for dates and times. Classes open to people living anywhere

- Mon. – Thurs. from 8 a.m. to 2:30 p.m. for day programs
- Tues. & Thurs. from 3:30 p.m. to 9 p.m. for night programs

Foreman-Reynaud Community Center

(337) 436-2509 (215 Albert St., Lake Charles)

- Praise dance on Thurs. from 5 pm – 6 pm
- Lighthouse Club – social club for ages 50 and older, call for details.
- After school program from 3 to 5 p.m. Mon – Thurs. Free to anyone who needs homework help ages 4 and up.
- Swimming lessons ages 3 to 7 at 10am; ages 8 to 12 at 11am.

La Familia Resource Center

(337) 312-2906 (1600 Siebarth Drive, Lake Charles)

- Open Mon. – Thurs. from 9 to 5 and Friday from 9 to noon.
- They are a bilingual multiservice org that provides English classes, Spanish classes, translation, school system child advocacy and tutoring, and cultural diversity workshops.

Literacy Council

(337) 494-7000 (809 Kirby, Suite 126, Lake Charles)

- They help improve reading skills, teach financial literacy, computer skills, GED, Pre-GED, adult education and English as a second language.
- After school program for youths needing assistance with math and reading.

National Alliance for the Mentally Ill (NAMI)

(337) 433-0219 (715 Ryan Street, Suite 203, Lake Charles)

- Family to Family – Classes in Spring and Fall for this 12-class course for parents, adolescents and caregivers of adults with mental illness.
- Basics – Classes in Spring and Fall for this 6-class course for parents and caregivers of children with mental illness.
- Call for dates, times and places. Registration is required and seating is limited.

Volunteers of America Parenting Education Classes

(337) 497-0034

- Common Sense Parenting Curriculum with free classes to families with a child or adult receiving services through OMH or some private agencies. Sliding scale fee for others.

- Heart to Heart Parenting Support Group meets on 4th Thursday of the month from 5:30 to 7 pm. Grandparents Raising Grandchildren Support Group meets the 2nd Friday of the month from 10 to 11 am.
- Childcare available and refreshments provided. Call to RSVP.

Elderly Assistance

911-SNAP- Special Needs Assistance Program

(337) 439-0811

- Voluntary program to assist elderly, special needs people or any person that may have limitations that need assistance during an emergency.

Allen Council on Aging

1-800-256-2851 & allencouncil@bellsouth.net (e-mail)

- Get information on meals, home maker help, three transportation programs, respite care, Medicaid advice, medical help, Meals on Wheels and more.

Beauregard Council on Aging

(337) 463-6578 & (337) 463-9694 (104 Port St., DeRidder)

- Meals, good health habits, material aids, medication alert program, legal, visiting, utility help, Meals on Wheels, transportation assistance and more.

Benefits Check Up

www.benefitscheckup.org

- Assisting seniors identify financial benefits for which they may not know they qualify.

Better Business Bureau of SWLA

(337) 478-6253 or 1-800-542-7085

www.bbla.org

Calcasieu Multi-Purpose Center

(337) 437-3560 or 1-800-542-7074

Open 8 to 5 pm Mon - Fri

Calcasieu Parish Council on Aging

(337) 474-2583 (3950 Hwy 14, Lake Charles)

- Utility assistance, prescription assistance, homemakers services (light housekeeping twice a month), meals on wheels, medical alert button, Medicare part D assistance with people to assist elderly to apply.
- For ages 60+.

Calcasieu Parish Sheriff's Office

(337) 491-3626 (2122 Moeling, Lake Charles)

- Elderly Services- offering transportation for ambulatory senior citizens, assist seniors to go thru the court system, assist to retain restraining orders or to pick up food/commodities, medication and transport to doctors appointments.

Cameron Parish Council on Aging (Grand Lake)

(337) 598-5158 or (337) 905-6000 Fax: (337) 905-6500 (951 Hwy 384)

- Call for referrals 8:00 thru 4:00, Monday thru Fri.
- Provides transportation, meals on wheels, congregate meals, medical equipment, medication management, homemaker services, nutrition education, caregiver services, housing assistance and the agency is the case management for Cameron Parish Disaster services.

Experience Works

(337) 433-4243

- Provide training and job asst. to people ages 55 and older on limited incomes and not currently working.

Eye-Care America's Seniors Eye Care Program

1-800-222-3937

- Free exam and up to a year of treatment for persons 65 and older.
- Call to find out if you qualify. Available 24/7 year round.

Jeff Davis Counsel on Aging

(337) 824-5504

- Offers assistance with food, medications, transportation, housekeeping, sitters, utilities, recreation, education, exercise classes and general well being. Some minimal donations may apply. Emergency food and shelter given when needed to all ages in Jeff Davis Parish.
- Aerobics classes 5 days a week.
- Alzheimers support group every other month on the first Tuesday.

Louisiana Answers (Part of Governor's Office)

1-877-340-9100 & www.louisianaanswers.com

- Aging and disability information station.

Meals on Wheels - Calcasieu

(337) 474-2583 & 1-800-223-5872

- Calcasieu Council on Aging.

Senior Prescription Assistance-Calcasieu Council on Aging

(337) 474-2583 or 1-800-223-5872

- SeniorRX-to assist seniors to link with assistance for obtaining their prescription medications.

Southwest Louisiana Independence Center (SLIC)

(337) 477-7194 & 1-888-403-1062 (1202-C Kirkman Street, Lake Charles)

- They have medical equipment available for elderly or disabled who qualify.
- Direct Service workers to assist; does info. and referrals
- Supervise independent living
- Supplies telephones & interpretive services for hearing impaired.
- Call for information.

VITA (Volunteer Income Tax Assistance) Program

(337) 433-1088 (United Way of SWLA)

- Assistance with income tax and filing for any Economic Stimulus Payments from government.

Employment**Allen Career Solution Center**

602 Court St., Oberlin, LA

(337) 639-2175 Fax: (337) 639-2560

AmeriCorps**Impact Lake Charles**

(337) 491-8735 (326 Pujo Street, Lake Charles)

- Provide community service activities for non-profit organizations.
- Recruiting until June 2009 for 2009-2010.

Beauregard Career Solutions

(337) 462-5838 Fax: (337) 462-6115 (1102 W. 1st St., DeRidder)

- Workforce training and employment services. Call for information.

Beauregard Christian Women's Job Corps

(337) 463-4451 & mkoffice@centurytel.net 735 West Dr. (PO Box 1362) Deridder 70634

- Teaches life and job skills for women over 18 years old who are in need.

Care Help Sulphur

(337) 528-2273 Fax: (337) 310-0199 (200 N. Huntington, Sulphur)

- Life Skills Class on the 2nd Friday of the month from 1 to 3 p.m. and computer classes on Mon. from 6:30 to 8 p.m. and Wed. from 1:30 to 3 p.m. at 112 E. Thomas in Sulphur.
- Open to people living anywhere, Call for more information.

Experience Works

(337) 433-4243

- Provide training and job assistance to people ages 55 and older on limited incomes and not currently working.

Jefferson Davis Work Force Center

(337) 824-2797 Fax: (337) 824-0993 & www.laworks.net (203 E. Academy, Jennings)

- Provide continuous ed., job search, resume asst., on the job training.

Louisiana Work Incentive Program

(337) 962-3476 & 1-888-942-8104 Fax: (337) 896-2273 (111 Stonybrook Dr., Lafayette 70507)

- Information on work incentive for people on Social Security and help finding employment.

Louisiana Workforce Commission

(337) 475-4900 & www.laworks.net (4250 5TH Ave. , Lake Charles)

- Job search, resume help, job fairs and more. Call for information.

Unemployment Claims

1-866-783-5567

Family Services**BeauCARE**

(337) 462-2273 Fax: (337) 462-2268 (DeRidder)

- Provide information, referrals, education, parenting, training, case management and advocacy for families involved with OCS in Allen or Beauregard Parishes. Many more services than listed.

Calcasieu Parish Animal Services and Adoption Center for Calcasieu

(337) 721-3730 or call 1-800-248-SPAY

- Spay Neuter Assistance Program – call for specific guidelines.

Foreman-Reynaud Community Center

(337) 436-2509 (215 Albert St., Lake Charles)

- Free homework assistance from 3 to 5 p.m. Mon. – Thurs.
- Free showers for homeless from 8 to noon Mon. – Fri. & Sat. from 9 –noon.
- Drive Rite classes very other Sat. from 9 a.m. – 3 p.m.
- Free VITA tax services

Volunteers of America Attendant Care Service Program

(337) 497-0034

- Working with disabled individuals in their homes and in the community.

Volunteers of America Family Support Groups

(337) 497-0034

- Heart 2 Heart Parenting Support Group meets the 4th Thursday of the month from 5:30 to 7:00 pm.
- Grandparents Raising Grandchildren Support Group meets the 2nd Friday of the mo. from 10 to 11 am.
- Free supervised childcare and refreshments provided during the support groups.

FEMA Assistance**FEMA**

1-800-621-3362

- TO APPLY ON THE PHONE and ALL OTHER ASSISTANCE.
- FEMA rental resources – <https://asd.fema.gov/inter/hportal/home.htm>

Legal Services**Acadiana Legal Services**

(337) 439-0377 (127 W. Broad St., Lake Charles 70601)

- Evictions, contractor fraud, insurance issues.

Child Support Enforcement

(337) 491-2111 & www.dss.state.la.us

La Familia Resource Center

(337) 312-2906 (1600 Siebarth Drive, Lake Charles)

- Open Mon. – Thurs. from 9 to 5 and Friday from 9 to noon.
- They are a bilingual multiservice org that provides immigration assistance with a law-certified immigration law specialist.

Louisiana State Bar Association Coordinators

1-800-310-7029

- Free legal help over the phone only; for Louisiana residents.
- Hurricane Ike & Gustav referrals to area agencies.

Southwest Louisiana Law Center (Formerly Southwest Legal Services)

(337) 436-3308

- Handle legal questions and referrals for people needing legal assistance.
- 8:30 to 5:00 Monday – Friday, Closed 12:00 to 1:00 for lunch
- Photo ID required and \$50 consultation fees

Referral Services

Best Buddies

(225) 226-1677 Fax: (225) 226-1675 – www.bestbuddieslouisiana.org & www.ebuddies.org

(14423 Old Hammond Hwy., Ste. B, Baton Rouge 70816)

- Mentoring and friendship program for people with intellectual disabilities.
- Free e-mail pen pal program.

Educational & Treatment Council (ETC)

- Harbour House - (337) 433-6739 Fax: (337) 439-1094
- Outreach Center - (337) 433-1062
- Providing intervention and prevention services that address at-risk youth and their families.

Families Helping Families

(337) 436-2570 or 800-894-6558 Fax: (337) 436-2578 (2927 Hodges St., Lake Charles, 70601)

- Provide information, referrals, education, training, peer support and advocacy skills to individuals with disabilities and their families.

F.I.N.S. (Families in Need of Services)

(337) 721-3900 Fax: (337) 721-3968 (PO Box 2073, Lake Charles 70602)

- Assist in coordination of services for children who are self-destructive and need intervention.

Louisiana Assistive Technology

1-800-270-6185 & www.latan.org Fax: (225) 925-9560 (PO Box 14115, Baton Rouge 70898)

- Medical and assistive equipment distribution program after large-scale disasters
- Loans, low-cost refurbished computers, and other assistance to individuals with disabilities
- A.T. Market Place is a data base of used, free or low-cost equipment

Louisiana Dept. of Insurance

1-800-259-5300 & Fax: 225-342-8622 (1702 N. Third St. P.O. Box 94214, Baton Rouge, La. 70804)

- For questions about Ike, e-mail ike@ldi.state.la.us.

Louisiana Rebuilds.info

<http://louisianarebuilds.info> & 1-877-LA-REBUILDS (1-877-527-3284)

- Listing of resources to help people in Louisiana.

OCDD (Office for Citizens with Developmental Disabilities)

(337) 475-8045 Fax: 337-475-8055

310 Info, 2-1-1

Direct Dial 2-1-1 or 337-310-INFO (4636) or 1-866-310-INFO (4636) www.310info.org

- Call 310-INFO or 211 to find out about organizations in southwest and central Louisiana. Resource information is available through the call center Mon. – Fri. from 8 to 4:30. They also provide enrollment services for Manna Ministries.

Veterans Affairs

1-800-827-1000 & www.va.gov

Transportation

Reduced Bus Rate Pass- Dept. of Public Works

(4334 East Broad St. , Lake Charles)

- Bring Medicare card and ID to Sarah Shelton to get blue card to ride bus for \$0.25

Calcasieu Parish Public Transit System

(337) 721-4040 & 721-4021 Fax: (337) 437-3397 (2424 3rd St. Lake Charles)

- An application is required to participate in special transportation services, which upon approval, can be scheduled with 48-hour advanced notice.
- Grocery Shopping Service available for ages 65 or over every 1st and 3rd Saturday of the month from 9 am to 11 am and 1 pm to 3 pm. Individuals limited to one destination per trip.

Medicaid Transportation

1-800-864-6034

Volunteers Needed

Care Help of Sulphur

(337) 528-2273 Fax: (337) 310-0199 (200 N. Huntington, Sulphur)

- Recruiting drivers and other volunteers. Call for training schedule.

Office of Community Service

(337) 721-4020 Fax: (337) 437-3397 (2424 3rd Street, Lake Charles)

- Senior Volunteers through RSVP & TRIAD Programs
- Need volunteers for Senior Games

SWLA Volunteer Housing & Coordination Center

(337) 217-0428 or www.swlavols.org (1104 Recreation Blvd., Lake Charles)

Volunteer Center of Southwest Louisiana

(337) 439-6109 or www.1-800-volunteer.org

- Call to find out about organizations needing volunteers in southwest and central Louisiana. Resource information is available through the call center Mon. – Fri. from 9 to 4.

Counseling Services

ABC Pregnancy Resource Center

(337) 433-2797

Addictive Disorders Clinic

(337) 475-4855 Fax: (337) 475-4858 (3505 5th Ave., Ste. B, Lake Charles)

- Free open orientation every Monday at 12:45 p.m.

Adoptions – Volunteers of America

(337) 274-3447 (24-Hour phone line)

Adult Protection

1-800-898-4910 Fax: (225) 342-9069

Alcoholics Anonymous, Alateen, & Al-Anon

(337) 475-0022

Alcohol and Abuse Helpline

(337) 480-0120

Allen Mental Health

(337) 639-3001 Fax: (337) 639-3008 (Oberlin)

Alzheimer's Association

La. Chapter: 1-800-272-3900

Beauregard Crisis Pregnancy Center

(337) 463-9500 & 1-800-259-1999

Mon. – Wed. 9-2 & Thurs. 12-5

Beauregard Mental Health

(337) 462-1641 & Fax: (337) 462-1354

(106 W. Port St., DeRidder)

Child and Adolescent Response Team (Lake Charles Mental Health)

(337) 475-8022 (8-4:30 Mon.-Fri.) or 1-800-272-8367 (after hours, weekends and holidays)

- assistance for children and parents experiencing a crisis

Child Protection Hotline

(337) 491-2545 (OCS Direct line: 491-2470)

Elderly Protection

1-888-491-2619 (196 Williamsburg, Lake Charles)

Emmanuel Counseling Center

(337) 485-9564

Family & Youth Counseling

(337) 436-9533 Fax: (337) 439-9941 & www.fyca.org

(220 Louie St., Lake Charles)

Grieving Parents & Bereavement Group

(337) 598-4800

- Open to people who have suffered a loss and those that want to help them.
- Meet the 2nd Tuesday of the month at Central Library in Lake Charles from 6:30 to 8:30 p.m.

Jennings Behavior Health

(337) 527-7878 Fax: (337) 527-5049

Lake Charles Mental Health

(337) 475-8022/ 24 hour Crisis: 1-800-272-8367

Louisiana Spirit - Hurricanes Ike or Gustav

1-800-273-8255 (TALK)

- Free crisis counseling for persons affected by hurricanes.

Louisiana Center for the Blind

866-444-4496 Wendy Jackson

Meaningful Minds of Louisiana

(337) 886-3169

- Peer support program for the mentally ill

Lydia's Outreach Center (Satellite Clinic of Addictive Disorders Clinic)

(337) 493-5128 Fax: (337) 493-5788 (2000 Opelousas St., Lake Charles)

MSU Project for the Treatment of Problem Gambling

(337) 475-5964

- Free, call to schedule an assessment.

National Alliance for the Mentally Ill (NAMI)

(337) 433-0219 (715 Ryan Street, Suite 203, Lake Charles)

- NAMI Connections Support Group for adults with a mental illness meets Thursdays at 5:30 pm at Maison D'Amis at 401 Gersten in Lake Charles.
- NAMI Support Group for families of individuals with mental illness diagnosis meets the 3rd Tuesday of each month at NAMI office – speaker from 6 to 7 pm and support group from 7 to 8 pm.

National Council on Compulsive Gambling
1-800-522-4700

New Life Counseling
(337) 474-7003 Fax: (337) 474-1282

Pregnancy Counseling – Volunteers of America
(337) 274-3447 (24 hour phone line)

Rape Crisis Outreach
(337) 494-7273 or 1-888-255-7273 or 494-7275

Samaritan Counseling Center

(337) 433-4357 Fax: (337) 433-9764 (933 Hodges St., Lake Charles 70601)

- Interfaith pastoral counseling and education
- Subsidized counseling dependent on income and family size.
- Speakers' Bureau can provide free mental health speakers to churches and congregations (youth groups, women's or men's groups or special ministries) or caregiver groups.

University United Methodist Church

(337) 477-2003 Fax: (337) 478-1806 (3501 Patrick St., Lake Charles)

- Faith based “CIRCLE UP SUPPORT GROUP” for consumers of mental health services.
- Meet every Tuesday night at 6:00. Contact person Mickey Shannon.

Mental Health Services

Many of these providers are for-profit and may require payment for services. Some may take insurance, Medicaid or have a sliding scale for services; please ask about payment plans when scheduling service.

Addiction Disorders

Addiction Center for Treatment
1-800-210-6085

Alcohol Drug Treatment Referral
1-800-454-8966

Allen Parish Outreach
(318) 335-3578 Fax: (318) 335-3753

Brisco Detox/Treatment Center
(337) 491-2355

DeRidder Addictive Disorders Clinic
(337) 463-7310 Fax: (337) 463-7377

Institute for Neuropsychiatry
(337) 477-7091

Jeff Davis Addictive Disorders Clinic
(337) 824-4705 Fax: (337) 824-4827

Lake Charles Addictive Disorders Clinic
(337) 475-4855 Fax: (337) 475-4858

Lake Charles Substance Abuse Clinic
(337) 433-8281 Fax: (337) 433-7938

New Horizons Counseling Center
(337) 478-1411 Fax: (337) 562-1489

Townsend Recovery

(337) 475-2556 & 1-800-504-1714 (Crisis Hotline) Fax: (504) 454-5175

Counseling – Personal & Family

Behavioral Health Center – Lake Charles
(337) 479-2474

Behavioral Health Center – Oakdale
(318) 335-3390 Fax: (318) 335-2907

Chadha Medical Rural Health Clinic – DeQuincy
(337) 786-5007 Fax: (337) 786-5009

Christian Counseling Clinic

(337) 474-1218

Counseling & Therapy Service

(337) 478-8273

Emmanuel Counseling Services

(337) 485-9564

Grandberry Counselors

(318) 335-1930 (Oakdale 1st Baptist Church)

Fax: (318) 335-0277

Kay Dore' Counseling Clinic at McNeese

(337) 475-5981

Professional Counseling Specialties

(337) 477-0079

The Psychology Clinic – DeRidder

(337) 462-2110 Fax: (337) 462-2128

Reflections of DeQuincy

(337) 782-2191 (120 West 4th St., DeQuincy)

- Outpatient behavioral health program for seniors. Accepts Medicare and insurance pmts.

Resurrection Counseling

(337) 497-1114

Shepherd's Way Counseling

(337) 478-1616 (710 W. Prien Lake, #104, Lake Charles)

Counseling Services of Southwest LA

(337) 431-7194 Fax: (337) 431-7198

Eddie Windham Family & Individual Counseling

(337) 302-0801

Family and Youth Counseling Agency

(337) 436-9533

Jennings Behavioral Health

(337) 527-7878 Fax: (337) 527-5049

New Horizons Counseling Center

(337) 478-1411 Fax: (337) 562-1489

Professional Counseling Services

(337) 855-1382

The Psychology Clinic – Lake Charles

(337) 474-2682 Fax: (337) 474-4601

Hospitals with Mental Health Programs

Allen Parish Hospital Psychiatric Unit

(337) 738-9460 or 1-800-737-2527 Fax: (337) 738-9496/9466

Calcasieu Oaks

(337) 439-8111 Fax: (337) 439-1970

Christus St. Patrick Hospital

(337) 436-2511 Fax: (337) 491-7157

DeQuincy Memorial (Reflections of DeQuincy – Senior Behavioral Health Only)

(337) 786-1200 & (337) 786-2191 Fax: (337) 786-2362

Jennings Senior Care Hospital

(337) 824-1558 Fax: (337) 824-1561

Lake Charles Memorial Hospital

(337) 494-3000 Fax: (337) 494-3299

Oceans Behavioral Hospital – DeRidder

(337) 460- 9472 Fax: (337) 460-9473

Oceans Behavioral Hospital – Lake Charles

(337) 474-7581

Westend Hospital

(337) 616-8122 Fax: (337) 616-0590 (Med. Records); (337) 824-9401 (Nurse Station)

Psychiatrists

Aneeta Afzal, M.D.
(337) 477-7091

Dale D. Archer, Jr., M.D.
(337) 477-7091

Bridgeway Psychiatric Center
(337) 562-0211

David Buttross III, M.D.
(337) 478-9331

Institute for Neuropsychiatry
(337) 477-7091

Jennings Behavioral Health Sulphur Center
(337) 527-7878

Lake Area Psychiatry
(337) 478-9331

Dr. Paul Mathews
(337) 310-0153

Charles A. Murphy III, M.D.
(337) 477-7091

Keith P. Nabours, M.D.
(337) 474-1010

Garrett Ryder, M.D.
(337) 562-8100

Recovery Center of Lake Charles Memorial Hospital
(337) 494-3262

Ehtesham U. Syed, M.D.
(337) 477-7091

Kashinath G. Yadalam, M.D.
(337) 477-7091

Medication Assistance and Physical Health or Disability Services

Advocacy Center

1-800-960-7705 & 1-800-822-0210

- Assist with issues related to accessibility of services and programs, disability and medical benefits, special education, vocational rehabilitation, housing rights, accommodations for persons with disabilities, protection from abuse and neglect and protection from institutional resident's rights.

Calcasieu Community Clinic

(337) 478-8650 Fax: (337) 478-6196 (McNeese State University campus Juliet Hardtner Hall)

- For low-income, working uninsured adults. One person in household needs to work at least 20 hours per week.
- Dental referral program for established patients with a wait list of about 4 months.
- Open Thursday's only. Call first for more information.

Children's Special Health Services & Calcasieu Parish Health Unit

(337) 478-6020 Fax: (337) 475-8613 (Calcasieu Parish Health Unit 3236 Kirkman St., Lake Charles)

- Provides medical diagnostic and treatment services for eligible children who have health problems which require services beyond routine basic care. This includes children with disabilities, handicapping conditions and chronic illnesses of sufficient severity to cause or to be likely to cause impairments which could significantly limit life activities.
- Also work to assist pregnant women.
- Open 8 a.m. – 4:30 p.m. Mon. – Fri.
- Provide immunizations for all. 8:00-3:30 Mon. - Thurs.

C.M.A.P. – Cenla Medication Access Program

318-443-7494 & 1-888-443-7494 and www.cmaprx.org Fax: (318) 448-4473

- Serving people over 18 who meet income guidelines and do not have Medicaid, Medicare or private insurance.
- Covers 39 parishes. See website for current list.

Direct Care

(337) 436-5001 & Toll-Free 1-866-603-2273 Fax: (337) 436-5002 (625 Ryan St., Suite 20 Lake Charles)

- Non-profit agency that provides personal care services for persons of all ages within the autism spectrum and other developmental disabilities.

Kid Med

(337) 491-2439 or 1-800-259-4444

- Children's Medicaid- apply at local Medicaid office

LaChip

Call 1-877-252-2447 & www.LAChip.org

- Total health care for children without insurance at no or low cost.

Louisiana Developmental Disabilities Council

1-800-450-8101 & www.laddc.org

Louisiana Rehabilitation Services

(337) 475-8038 Fax: (337) 475-8037 (3616 Kirkman St., Lake Charles)

Toll Free: 800-520-0589 TTD# 337-475-8036

- Provides services to help persons with disabilities to obtain the job skills and other resources they need to get a job, keep a job and develop a career.

McNeese College of Nursing Immunization Clinic

(337) 475-5536 (1st Floor of Hardtner Hall on McNeese Campus, Lake Charles)

- Vaccines for children up to 18 years of age on 1st & 3rd Tuesdays from 3:30 to 5 :30
- Closed when McNeese University is closed

Allen P. August Multi-Purpose Center

(337) 437-3560 (2001 Moeling St., Lake Charles)

- For SENIORS - medication assistance, blood pressure screening, cholesterol screening, blood glucose screening, and health education.
- For CHILDREN- medication assistance, vision screening, free children's eye glasses, health screenings and health education- Erica Kaough Health Care Coordinator.

Partners for Prescription Assistance

1-888-477-2669 www.pparx.org

- helps pay for medicine

Prescription Savings Program

1-877-789-6028 & www.togetherrxaccess.com

Patient Advocate Foundation

1-800-532-5274 Fax: (757) 873-8999 www.patientadvocate.org

- Offers free help in navigating healthcare systems
- Assist with insurance, job & debt financial issues
- Assist patients with chronic life-threatening illness

Senior RX (a program of the Calcasieu Council on Aging)

(337) 474-2583 & 1-800-223-5872 Fax: (337) 474-6563

- Assist **anyone over 21 years of age** with a chronic illness to obtain medication through manufacturers' assistance programs. (Even psychiatric medication may qualify.)

Southwest Louisiana AIDs Council (SLAC)

(337) 439-5861 & Fax:: (337) 436-8173 (1715 Common Street, Lake Charles)

- *Provides services for HIV positive persons* – presentations, HIV counseling, testing, teen education, case management, food pantry, companion program, support groups, transportation, dental and eye care. They also offer free community presentations.

Southwest Louisiana Center for Health Services - WIC

(337) 439-9983 Fax: (337) 439-8898 (2000 Opelousas St., Lake Charles)

Southwest Louisiana Independence Center (SLIC)

(337) 477-7194 & 1-888-403-1062 Fax: (337) 477-7198 (1202-C Kirkman Street, Lake Charles)

- They have medical equipment available for elderly or disabled who qualify. Call for information.

Emergency Medication

Allen P. August Multi-Purpose Center

(337) 437-3560 (2001 Moeling St., Lake Charles)

- Once a year. Life sustaining medications only.

Care Help of Sulphur

(337) 528-2273 Fax: (337) 310-0199 (200 N. Huntington St., Sulphur)

- For Sulphur and Carlyss only. No pain medications or psychiatric medications will be accepted.

Catholic Service Center - Social Services

(337) 337-439-7436 Fax: (337) 439-7435 (612 Louisiana Avenue in Lake Charles)

- Calcasieu Parish residents only. No pain medications accepted. Tuesday, Wednesday and Thursday 8:30 to 12:00. **Please call to make an appointment.**

United Way of SWLA Help Line

(337) 436-6633

Medical Facilities

Allen Parish Health Unit

(318) 335-1147 & Fax: (318) 335-2898 (145 Hospital Drive, Oakdale)

Beauregard Parish Health Unit

(337) 463-4486 & Fax: (337) 463-4486 (216 Evangeline St., DeRidder)

Calcasieu Parish Health Unit

(337) 478-6020 & Fax: (337) 475-8613 (3236 Kirkman St., Lake Charles)

Cameron Parish EMS Services

(337) 775-5111 (Currently run out of Cameron Hospital)

Christus St. Patrick Hospital

(337) 436-2511 & Admin Fax: (337) 491-7157 (524 Dr., Michael DeBakey Drive, Lake Charles)

Dequincy Memorial Hospital

(337) 786-1200 & Admin Fax: (337) 786-1219 (110 W. 4th St. Dequincy)

Hackberry Primary Rural Health Clinic

(337) 762-3762 & Fax: (337) 762-3838 (1020 Main Street, Hackberry)

- Operating out of a mobile unit in the parking lot of old address.
- Mon. 8 am – 5 pm; Tues. 7 am – 5 pm; Closed Wed.; Thurs., 7 am – 5 pm; Fri. 8 am – 3 pm

Jeff Davis Parish Health Unit

(337) 824-2193 & Fax: (337) 824-0794 (403 Baker Street, Jennings)

- 8 – 4:30, Monday thru Friday

Jennings American Legion Hospital

(337) 616-7000 & Admin Fax: (337) 616-7034 (1634 Elton Rd., Jennings)

Lake Charles Memorial Hospital

(337) 494-3000 & Admin Fax: (337) 494-3299 (1701 Oak Park Blvd., Lake Charles)

Oakdale Community Hospital

(318) 335-3700 & Admin Fax: (318) 215-3013 (130 Hospital Dr., Oakdale)

South Cameron Hospital Rural Clinic

(337) 905-4111 Fax: (337) 905-5711 (10080 Gulf Hwy., Lake Charles 70607)

- Open Monday – Thursday, 7:00 to 3:00 and Friday 7:00 to noon. Closed 12 to 1 for lunch.
- Prefer appointments over walk-ins.

South Cameron Memorial Hospital

(337) 542-4111 & Fax: (337) 542-7180 (5360 West Creole Hwy., Cameron)

- **EMERGENCY ROOM ONLY**

Southwest Louisiana Center for Health Services

(337) 439-9983 Fax: (337) 439-8898 (2000 Opelousas St., Lake Charles)

- Mon., Wed., & Thurs. 8 am – 5 pm; Tues 10 am – 7 pm; Fri. 8 am - noon
- Appointments only.

West Calcasieu Cameron Hospital

(337) 527-7034 & Admin Fax: (337) 527-4367 (731 Cypress St., Sulphur)

W.O. Moss Regional

(337) 475-8100 & Admin Fax: (337) 475-8104 (1000 Walters Street, Lake Charles)

Women & Children's Hospital

(337) 474-6370 & Admin Fax: (337) 475-4143 (4200 Nelson Road)

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